## THE LAW OF ATTRACTION: WE CREATE OUR WORLD WITH THE THOUGHT?

"All we are is the result of what we have thought" Buddha said thousands of years.

Have you ever had a deja vu of his own future, a vision of their future which is then fulfilled? Do you live happily ever imagining projects achieved concrete? Or rather: "He keeps predicting calamity and suffering that inevitably end up?

There are ancient and modern schools of thought that call this phenomenon the Law of Attraction. A very successful film of 2006 "The Secret", distributed by Internet, reactivates and mass distribution gave the idea. "The Secret is the Law of Attraction. Everything that comes into your life you attracted to her. And it's attracted to you by virtue of the images that keeps your mind. It's what you think. Everything that happens in your mind you will attract to himself. "

The easiest way to see the Law of Attraction, you think each of us like a magnet that exerts a pull. Basically, the law says that like attracts like. The Law of Attraction applies to the mental state of being human. That is, the thoughts that a person has, consciously or unconsciously, emotions, beliefs and actions attract corresponding to impact positive or negative experiences.

This process is described as "harmonious vibrations of the law of attraction" and the conclusion drawn is that we all get the things we think. The thoughts determine our experience. Is this possible?

## ► Religion, Science and objections

Thinking about the Law of Attraction as a "law" conventional science has its risks. The idea has antecedents in Hinduism and Theosophy, and modern supporters of the law derived from quantum physics, but critics emphasize that their demands are unclear and there is any scientific method for testing.

## ► The influence of emotions

One facet of the Law of Attraction divides our emotions in just two categories: negative, that make us feel bad-and positive-that make us feel good. Experience negative emotions brings us to suffer bad experiences, and vice versa: "The thoughts emit a magnetic vibration that attracts appropriate." It is easy to analyze many of our experiences in these terms, and check the effect of our emotions on the results of those who undertake. If depressive states push us to failure, positive mental states are tremendously successful, "He who talks all the time of illness, it does. He who speaks all the time of prosperity, has."

The strong will derived from a nagging thought has a visible impact on reality. Have you noticed how the tenacity of some people can get where they want despite all the obstacles? Well, "You become what they think most of your time," says one of the key ideas of the Law

Does the thought creates the world? Whatever the intermediate process is no doubt that everything we see in the human world is a product of our minds. "Every time you think, you're in the process of creation. Something is going to manifest as a result of that thought."

The law can be also very inspiring. When analyzing the lives of many prominent people in history, it is found that they had clear ideas about what they wanted to do, but not how. However, only focus on their ideas and begin to act, they succeeded. Here quoted Martin Luther King: "You do not see the whole staircase: just need to start uploading the first steps in faith."

The farmers of the Law of Attraction reinforce its position by citing phrases that refer to famous people phenomenon

- "You create your own universe on the fly." Winston Churchill.
- "Imagination is everything. It is the preview of what life will bring." Albert Einstein.
- "Whatever the mind can conceive, it can be achieved." W. Clement Stone.
- "All power comes from within and therefore under our own control." Robert Collier.
- "Whether you think you can or can not, either way you're right." Henry Ford.

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Link movie the secret law of attraction (summary):

http://www.youtube.com/watch?v=SRogCVhw1DQ&feature=player embedded#at=1343

## **REFERENCE OF THIS TEXT**

I The Law Of Attraction: We Create Our World With The Thought?, Muñoz Serra, Victoria Andrea, website: Victoria Andrea Muñoz Serra (http://www.victoria-andreamunoz-serra.com/coaching integral ingles.html), Concepción, Chile, March 2012.