



## THE PROFILE OF THE PSYCHOPATH, PEOPLE LIKE YOU

The sociopath is that individual self-absorbed truly without conscience or any feeling for others and for whom social rules have no meaning. Most of us know or have been in contact with psychotic individuals without knowing it.

Predators are unstoppable and untreatable in whom violence is planned, decisive and unemotional. This violence continues until it reaches a ceiling at around 50 years, and then decreases.

His lack of emotion reflects a state of detachment, of daring and possibly dissociated, revealing a lower autonomic nervous system and a lack of anxiety. It's hard to say what motivates them, possibly the control and domination, as the story of their lives do not usually show any tie of many years with others nor much rhyme to their reason (other than the planning of violence).

They tend to operate with a grandiose behavior, a pretentious attitude, an insatiable appetite, and a trend toward sadism. Their lack of fear is probably the prototypical feature (base) (little fear hypothesis). It is useful to think of them like high-speed vehicles with defective brakes.

There are four different subtypes of psychopaths. The old distinction between primary and secondary types was made by Cleckley in 1941.

**PRIMARY PSYCHOPATHS:** do not respond to punishment, apprehension, tension or disapproval. Seem to be able to inhibit their antisocial impulses most of the time, not because of conscience, but because it fulfills its purpose at that time. Words do not seem to have the same meaning for them than they do for us. In fact, it is not known if they understand the meaning of his words, a condition that Cleckley called "semantic aphasia." Do not follow any life plan, and it seems as if they were incapable of experiencing any genuine emotion.

**PSYCHO SIDE:** are risky, but individuals also are more likely to react to stressful situations, soldiers, and prone to guilt. They are exposed to more stress than the average person, but they are so vulnerable to stress as the average person.

People are bold, adventurous and unconventional that began to establish its own rules of the game early. They are driven strongly by a desire to escape or avoid pain, but they are also unable to resist temptation. As their anxiety increases toward some forbidden object, his attraction to her is also increased. They live their lives drifting with the lure of temptation. Both primary and secondary psychopaths are subdivided into:

**UNCONTROLLED PSYCHO:** are the kind of psychopaths who seem upset or really mad easily and more often than other subtypes. Their frenzy will resemble an epileptic fit. Are also usually men with incredibly strong sex drives, capable of amazing feats with their sexual energy, and seemingly obsessed by sexual urges during most of their waking life. They also seem to be characterized by very strong desire, like drug addiction, kleptomania, pedophilia, any illicit or illegal indulgence. They like the endorphin "high" or "accelerated" the excitement and risk taking.

**PSYCHO CHARISMATICS:** charming, attractive liars. They are usually equipped with one or the other talent, and use it to his advantage to manipulate others. They are usually buyers, and have an almost demonic ability to persuade others to leave everything they own, even their lives. Leaders of religious sects or cults, for example, might be psychopaths if they lead their followers to cause his own death. This subtype often comes to believe their own fictions. They are irresistible.

All sociopaths have three common characteristics:

- Very egocentric individuals
- No empathy for others
- Unable to feel remorse or guilt.

[The Sociopath - (The Sociopath) Rebecca Horton (April 1999)]

It is generally superficially charming and very often gives a striking impression of possessing the noblest human qualities. He makes friends easily, and is very manipulative, with the ability of words to get away with any trouble. Many psychopaths love to be admired and bask when others who flatter.

The lack of love also brings with it the lack of empathy. The psychopath is unable to feel sorry for others in unfortunate situations or put yourself in another person, regardless of whether or not to have hurt the latter. [Gordon Banks]

## How Come the World of Psychopaths

Not only do they covet possessions and power, but also feel a special pleasure in usurping or taking the other (a symbolic sibling, for example), what they can plagiarize, swindle, and extort are fruits get more candy those who can earn an honest job done.

And once they have exhausted everything they can from one source, they turn to another to exploit it, suck blood, and then throw it aside, his pleasure in causing the misfortune of others is insatiable.

The psychopath is a manipulator, who knows exactly what moves us and how to manipulate and influence our feelings.

Mimicry is often used to convince others that the psychopath is a normal human being. He does this to create a false empathy with his victim. The psychopath will try to make you believe you have normal emotions, telling a sad tale or professing profound experiences, touching the truth is that most psychopaths go through life as an incubator, excited by few people and do not feel any real compassion for others, but lies to convince that they have normal emotions.

The compassion factor is one reason why victims often fall in love with this "poor" people.

Lying to the psychopath is like breathing. When they are caught in a lie and challenged, invent new lies, and do not mind being caught. As Hare states:

"Lying, deceit, and manipulation are natural talents in psychopaths ... when they are caught in a lie or challenged with the truth, are seldom perplexed or embarrassed, simply change their stories or attempt to reshape the facts so that appear constant with respect to lying. The result is a series of contradictory statements and a deeply confused listener. " [Hare].

Often, their behavior serves to confuse and repress their victims, or to influence anyone who comes to hear the version on the history of the psychopath.

That's how psychopaths operate. Deny reality until their victims suffer from a nervous breakdown. Often, the psychopath will turn toward the victim and claim that it "is dreaming" and that has a mental imbalance.

**The psychopath is primarily distracted and impressed his own flamboyant self-representation, which very often leads to inadvertently say things that people bring to their detection. They often forget the lies they told stories and contradictory, which makes the listener wonder if the psychopath is crazy, but in this case it is not really, only forgotten the lies she has said.**

Most astonishing, however, is his selective memory. A psychopath may not remember the promises you made yesterday, but remember something of the past if somehow meet their goals. Often they do this whenever we are confronted or are caught in a lie.

Most psychopaths are very arrogant and cocky. However, when charming a potential victim, say the "right" things at the right time and make you believe they are good and generous souls, not always but often. The truth is, psychopaths are not altruistic and do not really care about friendships or ties.

Guggenbuhl-Craig states that "they are very talented to appear to be much more humble than the average person, but hardly so." Some may also feign concern about the lower classes and that they are on the side of the weak, the poor , and so on. A psychopath may claim, for example, (if from a low socioeconomic class), who dislikes rich people deeply, but at the same time inwardly yearn and envy what they have. It's like the narcissist, desiring to reflect a false image of himself through his possessions. Among his possessions are included human beings: girlfriends, wives and children.

Some psychopaths can be very fond of animals (contrary to popular belief), but still view them as objects in relation to themselves.

In general, most psychopaths will brag endlessly about his exploits and "bad" things they have done (this is often called an alert, which will prevent the souls careful), but more often than not, the woman who is fascinated by him will not listen to reason well and all others who know the warn about its past behavior.

**Why does the psychopath makes her feel so "special".**

Please, ladies, if you are committed to such a man must accept the fact that this is NOT his real personality. Just playing a role for you.

Dr. Black says **one of the most obvious signs of psychopathy is the way the psychopath boasts of his experiences, no matter "how unsavory ... his comfort are apparent with respect to their deviant behavior, the ease with which he speaks to**

**break every rule**, consistent with the ASP (psychopathy). "[Black, 68]

On the other hand, the psychopath also very often presents a picture of himself as the antihero depressed (such as "his own worst enemy") and some like to see themselves as lone wolves. The psychopath may even claim he is sensitive and deep, but inside is nothing but emptiness and greed.

Psychopathy is primarily genetic. A child with a parent psychopath will often be too, especially if the father was abusive and / or left the family well.

The psychopath is also trying to "get back" to society and the world in order to obtain a reward.

Our own examination of the prevalence of psychopathy within a university population suggested that perhaps 5% or more of this sample could be estimated as psychopathic, although the vast majority of them are men (more than 1 / 10 versus about 1 / 100 women).

Moreover, not all psychopaths are calm and serene. Some of them appear strange or odd, and their behavior can be eccentric or unusual. I think this is what confuses most often the victims. Psychopaths often appear intense and "electrifying". Do not be fooled if someone appears harmless, "stupid", or seems unconventional. One side "angel" may also mislead people.

Pamela Jayne, MA, writes that "30% of men are sociopaths." **If about 3 of every ten men who may come to know are psychopaths, I would assume it is something that can not be taken lightly.** According to these statistics, that would mean three out of ten men and maybe one in ten women.

Psychopaths are often witty and eloquent, and almost always "glib." Speakers can be "fun and entertaining", ready to give a quick reply, and can tell unlikely but convincing stories ...

### **The Danger of Falling in love with a Psychopath**

Women ... histrionic ... are particularly attracted by and vulnerable to the psychopathic men. The hysterical woman with personality disorder are prone to fall for the psychopath ... It is able ... to reciprocate in this projective-introjective cycle predominately idealizing the psychopathic character. Your need for attachment and dependency complements the psychopath's desire for separation and autonomy, she perceives another as people capable of giving everything and benevolent, and he as people able to steal everything and malevolent.

The hysterical woman is immune to developing a healthy suspicion when details or circumstances do not match (also in regard to the lack of logic in thought / behavior of the psychopath) and corroborate the oral version of the psychopath in their history. [From "The Psychopathic Mind" - Origins, dynamics and treatment, "The Psychopathic Mind - Origins, Dynamics and Treatment," J. Reil Meloy]

The real danger about psychopaths is that some women in particular, have really a psychological predisposition encariñarseles. Even to fall in love with them. These women, often hysterical or histrionic personality, feel powerful when they grow attached to the psychopath, regardless of the truth being told about it, nor that he himself has said. Some of these women have the fantasy underlying feeling that the psychopath is under your

control (as Meloy).

For many women, attachment to a psychopath goes beyond mere Freudian analysis, many simply deny the truth, trusting blindly and ignoring reality. Some, even when presented with facts coldly, will still admit they can not stop loving your fellow psychopathic, even after having been dismissed by him. This problem is psycho-sexual (women who themselves have personality disorders and who are obsessed with psychopaths), or women who simply do not admit the truth is ignorant address the situation. It may even be a combination of all kinds of factors.

"Little by little psychopaths are capturing the qualities, skills and characteristics of their partners and use them. Get contacts, information, knowledge and a deep subtly activated disqualification, describes Ms. Iris Pugliese, a psychologist. When her self-esteem is let it totally undermined. "

That disqualification causes women to become depressed and in that state follow the idealizing and not realize that you feel this way because the psychopath, which is very subtle, full of guilt.

"What excites them psychopaths and satisfaction occurs, is to deceive the woman who loves and plays for them and do so without the slightest concern for the damage or the pain they cause," said the lawyer. He warns, though, for perjured oath, "Psychopaths are unlikely to change."

In his article "The psychopath: a special man to agree ... Flee! "Iris Pugliese lists some of them. They are eloquent and persuasive, impulsive and restless, declarations of love experts who aim to get a well-liked, and unable to express feelings of guilt. They specialize in hypocritically promising to amend their behavior if they are caught in lies, always blame others for their mistakes. In addition, psychopaths insisting on unconditional support and understanding, and respond to questions with accusations of not being loved.

"My partner always complained about not consulting him before making a decision; tells Jane, who was married to a psychopath. And that way I controlled. After a while, I ended up walking away from my friends and my family. "

When she finally end the relationship, had spent several years, and she was alone because her partner had withdrawn from social contacts.

Another case is that of Carol, whose husband changed dramatically after a separation. "After the divorce, he used the tactic to be seductive, but with our son. It was a completely different person with me than with him, finally got our son decided to move with him. "

**"The psychopath is a component envious: When you do not need a partner, is destroyed," says Pugliese.** The psychologist also explains that "there is a perfect complementarity between a man who can not conceive of life without a little risk, charm and action, and a woman who does not make child old conflicts related to the idealization of Almighty Father, ends up sleeping with the enemy. "

"In principle, for a woman to fall in love with a psychopath, a person must be psychologically dependent. The partner of a psychopath is a melancholy woman "defined Mr. Andres Sanchez Bodas, psychologist.



## **Either way, the psychopath knows who "choose."**

Anyone can be coaxed and enamored by the psychopath.

Psychopaths can take them all, whether rich or poor, smart or not so bright. Although it seems that the mentally ill are more susceptible: the aforementioned histrionics, etc.. As well as victims to the brink of a personality disorder.

Also, try to "distinguish" a psychopath he does not look easy, as I have already noted. As one student told me of psychopathy, "often change appearance so as not to appear threatening, or to create a character."

According to the author of The Psychopathic Mind (The Psychopathic Mind) (Meloy), when you need to manipulate a woman, the psychopath often targets women the type often called "dumb blonde", the kind of woman who exudes innocence, usually unaware of their own sexuality, innocence soda, and often not too bright, their personalities are generally brink of a stupid or blindly optimistic attitude, and always think good evil behind. Not that there's nothing essentially bad about the innocence or optimism, but when dealing with a psychopath, that may prove to be a bad combination. Psychopaths seem to be particularly attracted to this kind of woman. She is affectionate and gives everything, while he is closed and retentive.

They have "an uncanny ability to see and use women 'maternal' - ie they have a deep need to help or to pamper others." [Hare, 149].

**A psychopaths also like "stick" to women of higher social status, a woman who represents what he wanted to be. Then, when finished with it, you destroy it and "kill two birds with one stone."**

Like the narcissist, the psychopath has an arrogant, disdainful and condescending, but let me make this clear: often in the initial stage in which appeals to someone new, its true nature is hidden, of course. That's why when a woman says to another woman than a man is a psychopath, his latest victim will not be able to believe the bad stories you tell about it. Your answer will be "But it's so lovely, so nice, so nice ..." and so on. Yes exactly. He is playing with you too.

## **Dealing with Psychopaths**

If you leave the psychopath, expect it to be the type that does not make any "noise" but only destroyed his reputation by spreading lies, or wait a lot of open handling (a final attempt to gain power and control).

## **Why is this?**

Although they can not really love another person, and that no true emotions rooted psychopaths relate to others through the power and control. If someone really seek "despise" (from his point of view, this is very true) their power and control, he will react in some way.

If you try to deal with psychopaths in an ethical manner, you will be shocked. Dr. William Higgins says that "you can not negotiate or make a deal with psychopaths."

Psychopaths not only deny and trivialize, but also avoided directly answering the questions

you will do, even when they seem to answer, you can be sure that is not the answer he wanted. It has been said that even when they do give a straight answer, they never addressed the real issue, though that may even vindicate be honest when it suits them. But make no mistake, this is for the psychopath wants his victim, he wants to embarrass him while he does fit into their plans, this is due to "psychopaths show a great lack of concern for the devastating effects that their actions have on others. Often they are completely honest about the matter, calmly stating that they feel no guilt at all, do not regret the pain and destruction they have caused, and there is no reason for worry. " [Hare, 41].

On the other hand, "psychopaths can verbally express remorse but then contradict with words or actions." [Hare, 41] can that psychopaths apologize or show remorse only to get away with it, but eventually you will be stabbed in the back and you will realize how superficial were his words.

Psychopaths can not seem to remember what they said or what have committed long ago. They seem to be always living in the present. That's why we are often guilty of being "big manufacturers promises" can not keep their word. Once again be the victim who must carry the consequences of all the distortions and turns of the psychopath, and when he gets you angry enough to discredit the "defective" and so the psychopath very often achieved by impersonating the real victim . As John Wayne Gacy once said, "I was the victim was deceived in my childhood."

But if you try to obtain justice from a psychopath You know you will end up paying less to be imposed strongly, the experience will further confuse and bewilder, and it may even tempt you to play with fire.

It is for this reason that Hare believes that therapy makes psychopaths worse, most of them learn about human emotions through psychiatry, and "they love their flaws and problems attributed to child abuse." [Hare, 50].

As for the recovery of the psychopath, despite the pain it can leave (some people never recover, according to Field), you will learn how simple and yet the media are cowards of the psychopath to keep calm. That's just the way that the psychopath should work to maintain their own image, relatively weak (though petrified for life).

### **Once you know or suspect what they are, avoid them.**

- A woman passes in the psychopath what you believe, to the point where he paints with a light unrealistic, so that psychopaths can also "play with your head" respect. Most of the victims of the psychopath only see what they want to see at first. That's why Field says, "The ingenuity is the worst enemy. Many / as clinging to believe that her beloved / to (/ the psychopath) simply has some problems like anyone else, and not the symptoms of a personality disorder. "[Black, 59].
- In the book When Your Lover is a Liar (When Your Lover is a Liar) also notes et topic of psychopathy and how psychopaths manipulate the women. The author believes that what the psychopath is simply thrilled to be able to "tease a woman." In normal people emotionally, we can not understand that kind of enthusiasm is this, or why some go so far to fool someone. But as Dr. Heller says, "psychopaths feel no remorse, and in reality to enjoy their antisocial behavior." (Heller, 76)
- Also, something I think makes them even more dangerous is that they can be quite

charming and persuasive, and that "they have an amazing knowledge of the needs and weaknesses of other people" as stated in the text Psychology In Action (Psychology In Action): "Even when the rights of its members are indifferent to them are often able to inspire feelings of trust and faith." This is best exemplified by a psychopath who professes that "everything is fine", while outright lied in the face with apparent honesty and candor, but then it just stabs in the back you turn.

- Finally, you "know them by their fruits," so to speak. Will make sure to let you know who's boss. As one victim told in the book Without Conscience ... (Without Conscience ...) Hare, could not understand how it was possible that someone (the psychopath that she had known) had snuck into his life and then had gone so easily. This is how they operate. They just do not care about anybody in the least. Except themselves.
- Another very strong feature to find (or hear) is what Dr. Hare calls the "pleasure of deception." It's as if the psychopath had no need or intention to lie. The pleasure is achieved simply by teasing someone.
- In terms of additions and others, "within the bonds clearer, is that of psychopathy and alcohol and other drugs," [Black, 91], although most psychopaths never admit who have drinking problems, even when this is obvious. As a psychopath said, "I know how to drink. Drinking is a responsibility, and what I've been doing since age 12. "

### Can psychopaths change? Can you change them?

**No.** They decide to behave as they do, though, to some extent actually have a personality disorder. However, Dr Black believes that even those patients who "show the greatest change seem unable to understand the degree to which their actions affect those around them. They can continue to live in emotional isolation. The interest is a natural part of human makeup, but is especially strong in the antisocial and leaves many of them unable to develop a total compassion, awareness, and other attributes required for successful social relationships. " [Black, 144].

Consequently, although they can or want to change, studies have shown that psychopaths generally do not change. **So do not waste your time trying to help or change them. The help you offer will always be paid in full with treason. They lack the ability to learn from their mistakes or their successes, they are wrong again and again.**

Black also believes that "victims may fear retaliation or other potential consequences, but leave the abusive situation (with a psychopath) is often better than trying to survive in a relationship based on intimidation and violence." [Black , 185]. It is better not to accept the crumbs of fake affection a psychopath. Nobody needs that kind of abuse. If you are still supporting this abuse, I can assure you will pay for it mentally and emotionally for a long time. The end result is what is called having been psychologically abused.

Some people feel they have to save others (co-dependent), and perhaps also a little pride in their need to prove an opinion, often end up being prey to psychopaths because they refuse to believe the truth. I would also note that some psychopaths appear to show a knowledge of the characteristics of his personality ("I'm an idiot," etc..), But this does not mean that they care how they behave. They choose to behave that way.

According to Field, the consequences of interacting with these individuals and the recovery process can be a "long, slow and painful." But remember that while there has been a victim



(white), you are only the "latest in a long line of people in whom he (the psychopath) expressed aggression. Probably do this throughout his life. " Sad to say, but "the antisocial (psychopaths) often spend the last years of his life alone, sometimes afflicted with remorse for what they never knew they were missing until it was too late." [Black, 89].

Do I find this a sad fact? Yes, it is very sad and unfortunate event that there are people who live their lives this way. But as I mentioned before, and I can not stress this enough: **no matter how much pity or sympathy can you have a psychopathic individual, do not try "to save him." This will only end up harming you.**

### **Hervey Cleckley's list of the symptoms of a psychopath:**

- A considerable superficial charm and average intelligence or above average.
- Absence of delusions and other signs of irrational thinking
- The absence of anxiety or other symptoms "neurotic." Une considerable balance, tranquility, and a way with words.
- The inconstancy. He neglects his duties without any sense of responsibility, in matters of small or large
- Falsehood and insincerity.
- An anti-social behavior which is inadequately motivated and poorly planned, seeming to come from an inexplicable impulsiveness.
- A poorly motivated antisocial behavior.
- A bad trial and trouble learning from experience.
- A pathological egocentricity. A total self-centeredness and inability to really love and form relationships.
- A general lack of deep and lasting emotions.
- The lack of real insight, inability to see himself as others do.
- The ingratitude for any special considerations, kindness or confidence.
- A fantastic and objectionable behavior, after drinking and sometimes even when not drinking (profanity, vulgarity, rapid changes in mood, joking).
- No history of genuine suicide attempts.
- A sex life impersonal, trivial and poorly integrated.
- Failure to have a plan of life and living in an orderly manner, except that promotes self-defeating.

### **The list of points Robert Hare:**

1. GLIB AND SUPERFICIAL CHARM: a tendency to be smooth, engaging, charming, clever, easily verbal. Psychopathic charm is not at all shy, cautious, not afraid to say something. A psychopath never still. For example, have been freed from the social convention of taking turns.

2. HE HOLDS ESTEEM: a vision of his own extremely high capacity and what they are worth, self-assured, opinionated, cocky, boastful. Psychopaths are arrogant people who believe themselves superior beings.

3. NEED TO STIMULATE OR PROPENSITY TO BOREDOM: an excessive need for novel stimuli, thrilling and exciting, running any risks. Psychopaths often have low self-discipline to complete tasks they get bored easily. They fail to keep the same job for more than a certain time or, for example, do not finish tasks that they consider dull or routine.

4. PATHOLOGICAL LYING, MODERATE OR HIGH: Moderately be keen, crafty, cunning,

and ready, in the extreme, be deceptive, secrets, unscrupulous, manipulative, and dishonest.

5. **DECEPTION AND MANIPULATION:** the use of deception to cheat, cheat or defraud others for personal gain, distinguishing it from the point 4, in that here the exploitation and callous ruthlessness is present, reflecting a lack of concern for the feelings and suffering of their victims.

6. **LACK OF REMORSE OR GUILT:** a lack of feelings or concern for the losses, pain and suffering of the victims. They tend to be indifferent, dispassionate, cold, and lacking empathy. This item is usually demonstrated by their contempt for the victims.

7. **AFFECT SURFACE:** an emotional poverty or a limited range of deep emotions, interpersonal coldness in spite of signs of being overly gregarious.

8. **INSENSITIVITY AND LACK OF EMPATHY:** a lack of feelings toward people in general, it is cold, contemptuous, inconsiderate, and tactless.

9. **PARASITIC LIFESTYLE:** financial dependence intentional, manipulative, selfish, and exploitative of others, as reflected in a lack of motivation, low self-discipline, and inability to take responsibility.

10. **POOR BEHAVIORAL CONTROL:** expressions of irritability, annoyance, impatience, threats, aggression, and verbal abuse, inadequate control of anger and character acts without thinking.

11. **PROMISCUOUS SEXUAL BEHAVIOR:** a series of brief relationships, superficial, and an indiscriminate selection of sexual partners, number of relationships maintained simultaneously, a history of attempts to impose sexually to others, or a sign of great pride in recounting their sexual exploits or conquests.

12. **EARLY BEHAVIOR PROBLEMS:** a variety of problem behaviors before age 13, including lying, stealing, cheating, being involved in acts of vandalism, abuse others, have a sexual activity, intentionally set fires, sniffing glue, make use of alcohol, and away from home.

13. **LACK OF REALISTIC, LONG-TERM GOALS:** a permanent disability or failure to develop and implement plans and long term goals. A nomadic existence, aimless, lacking direction in life.

14. **IMPETUS:** recurrent unpremeditated behavior and lack reflection or planning; inability to resist temptation, frustrations, and impulses, a lack of reflection on the consequences of their actions, that is reckless, rash, unpredictable, erratic, and reckless.

15. **IRRESPONSIBILITY:** repeated failure to perform or comply with obligations and commitments, such as not paying bills or loans, carry out carelessly, being absent or late for work, failing to comply with contractual agreements.

16. **FAILURE TO ACCEPT RESPONSIBILITY FOR THEIR OWN ACTIONS:** failure to accept responsibility for their actions, reflected in a lower realizes, in the absence of scruples, in manipulation, denial of responsibility, and in an effort to manipulate others through this denial.

17. MANY SHORT-TERM MARITAL RELATIONSHIPS: does not engage in long term relationships, which is reflected in inconsistent commitments, informal, and unreliable, including marriage.

18. JUVENILE CRIME: behavior problems between 13 and 18 years-especially in behaviors that are crimes or clearly involve aspects of antagonism, exploitation, aggression, manipulation, or a heartless insensitivity.

19. REVOCATION OF PROBATION: a revocation of probation or other conditional release due to technical violations, such as neglect, little tact, or fail to appear when called.

20. CRIMINAL VERSATILITY: a great diversity of types of criminal offenses, regardless of whether the person has been arrested or convicted of his guilt, showing great pride to emerge unscathed.

### **Other qualities to consider:**

- Skip regular channels.
- Does not resist criticism.
- Refuses to learn.
- Hides information; especially from her past.
- Tantrum to cut the spoken topic that complicates it.
- Does not want to change.
- They are not able to follow a logical - chronological order in reverse; I mean they can't tell a story starting at the end or past, until reaching the beginning or present; making its inconsistency evident.
- Reacts to the facts; put out fires; does not avoid them.
- Does not listen (does not pay attention to what he hears).
- Repetitive cycle inherited from his life story of the father, grandfather and his own offspring.
- Warn that it will harm you jokingly 6 months before, if it goes away after 3 months it returns to the load.
- Always responds to requests for personal opinions "there is everything".
- They are victimized.
- Is reckless in his behavior.
- Double life.
- Does not introduce family members.
- Does not show you his house.
- Does not differentiate good from bad.
- Does not analyze the problem.
- Self-deception.
- Manipulate.
- It will try to isolate you from the rest of the family, friends, etc. so they don't detect their lies, entanglements and true intentions (divide and conquer, as they say).
- Treasure trophy elements, because they become representatives of acquiring the other as an object (control element).
- In the case of being Women, your potential victims are your close ones: relatives, people they know well. And if they are men, their victims are generally unknown.
- Does not issue personal opinions; is not involved with anything.
- It is opportunistic.
- Controlled.

- Has suffered abandonment and abandons those who say they love and support at the worst moment; when they need it most, warning the victim 6 months before, amid laughter.
- When a person visualizes himself in an imaginary future and raises the possibility of having problems with you; this is a clear unspoken statement that he sees us as enemies.

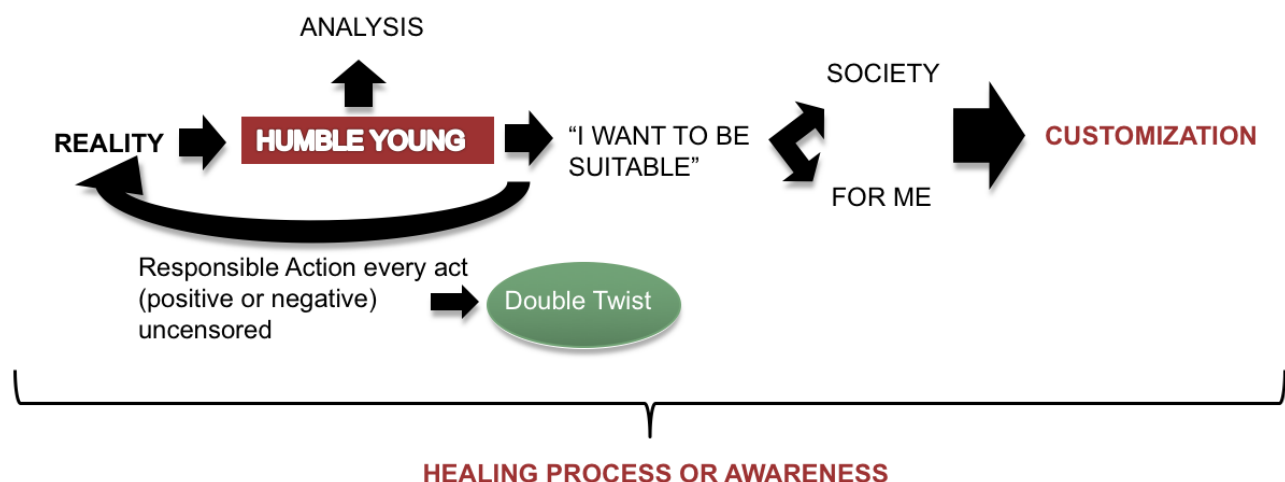
### How to identify it:

When you are just getting to know a person, interject subtle questions about your family, ask them questions that describe their family environment, because these individuals never talk about it, make detours, ambiguous answers or almost no information, or their family will be described as perfect; like the ones that appear on "Christmas cards".

### CASE STUDY "EL JOVEN DE ORIGEN HUMILDE"



1º This young person immersed in a reality undergoes a process of its idealization, hoping that reality is comfortable; causing a depersonalization distorting reality as a process.



2º The reality that we all see is analyzed by the young man who wants it to be convenient both for him and for society; customizing it; taking responsible action of every good or bad act; uncensored; generating a double twist; establishing a healing or consciousness process.

## **Origins of the Young Humble**

Failed parents and close relatives in the same condition; poor and addicts in situation stagnant.

Fear of failure causes paralysis; concluding that without analysis, "I don't see"; makes the problem does not exist.

Generating self-deception to avoid suffering the loss of a deteriorated self-esteem, characterized by:

- Irresponsibility
- Ignorance
- Lack of language
- Selfishness
- Stupidity
- Negligence
- Weakness
- Lack of intelligence

Alcoholic, dependent on external elements to make a life, since life surpasses him, he does not make decisions (he has 5 children) that he cannot support, he is unhappy, but he does not leave his circle.

## **Profile of the mother of the humble young man**

Co-alcoholic, dependent on her husband, without personal aspirations, life surpasses her, children are sent by God; therefore it is not aware of birth control, holding on to her children, and she does not seek to rebuild her life after her widowhood, replacing her husband with her last son "the humble young man".

Therefore both parents repeat over and over the path they do not choose.

So the Son is a co-alcoholic, dependent on the world that he idealizes, and that the mother encourages so that she does not suffer; making it fearful and runs away from any danger; not being responsible for his affections or commitments, for the above he has no friends, and seeks unstable relationships, in this case he chooses a woman older than 15 years to replace the mother, returning to his "place of comfort" where he hides in a "I didn't think it was a teenager".

## **SOLUTION:**

1. Get away from all exterior idealization.
2. Carefully analyze your situation.
3. Seek self-esteem in recognizing their shortcomings; list them all and change for strengths adding "value", then "sacrifice" and "perseverance" and then see them as an opportunity to overcome fears, with acts of help for yourself and others; detaching from old patterns.
4. Do not listen to opinions of equals; only from superiors in the area.
5. Be clear about what one wants why and for what (happiness).
6. Define how you want to be and see it.
7. How I want the people around me to be.
8. What should I do to make them love me?



9. Leave yesterday and never end; it is a task for life.
10. Failure and everything bad: it teaches me to be a better person or worse; what you are now
11. Eliminate the victim position.

### **The change process involves 24 hours a day:**

- It is a way of seeing things.
- It is a way of acting.
- It involves certain daily decisions that charge an irrecoverable, inescapable price and relentless; since everything is risk.
- You have to reinvent yourself according to the circumstances; keeping the essence you chose to be and to seem, "we are the engine of our lives, the environment has a independent dynamics, only you can control yourself". And we can start modifying from the outside the inside.

### **CASE STUDY "THE OLDER WOMAN AND THE YOUNG MAN"** **Co - Sublimated Sexual Dependency and Definitions**

Anger and aggressiveness is directed at the Captor - Victim (reflection of the victim) not towards another person who does not constitute a threat.

The victim approaches the victimizer in search of an answer, wants to return to the place in a position of power, turn from victim to victimizer, therefore will ruthlessly attack whoever meets the characteristics of the victimizer, will follow him, however the attraction will transform in a toxic affective relationship of co-dependency, in such cases he (character who embodies the victimizer of the past) tries to catch the victim and victimize her and time and time again due to control, since he wants a passive, intelligent and superior woman (according to the victimizer) the more difficult it is; sexual arousal is greater (this gives us the case of psychopathy) but the definition of self-destructive personalities and low self-esteem falent of affect (manipulator).

On the other hand, the victim inevitably sublimates the trauma by loving the victimizer by submitting himself (as he was before, since he seeks the origin of his essence and the broken matrix of his personality will haunt her throughout her life) since in that event she feels the sexual touch without to know him until this occurs on the immoral exterior, achieving irreparable physical orgasmic satisfaction through a second trauma of abandonment (again and again), he feels abandoned and seeks what is lost in this case: the abandoned or lost son, becomes an object possession and therefore she will look in the "everything" (love, passion, seduction, husband etc.) in this case for having aborted and in turn total surrender of his sexuality, punishing himself with sexual violence by the victimizer that she Like his son; and she wishes to be controlled, subdued, and punished because in this way she sees the act of guilt sublimated or renews the punishment for the unforgivable mistake that was made or allowed (according to the older woman); therefore she will be attracted to the victimizer, finding her son as a simile of her dead son (Stockholm Syndrome).

In turn, the victimizer also suffers trauma and seeks revenge in this older and powerful woman, who makes him feel superior, virile and loved, repeating the pattern, finding in the "embrace" self-control of maternal shelter (Oedipus Complex) sublimating a humiliation by a woman of similar characteristics or some traumatic experience in her childhood that has triggered the inconclusive or unconsummated affection with an older woman.

## EXAMPLES OF PSYCHOPATHIC PROFILES:

- The 33-year-old man who maintains relationships with older women who can overcome a difference of 35 years; This behavior hides the absence of his mother not physically, but emotionally, therefore, as an individual, he seeks in these women characteristics not present in his mother to satisfy his emotional shortcomings; on the other hand, these women also present a psychopathic pattern, since in these dysfunctional relationships they look for something absent in their lives; The most evident thing is the attention generated by a younger person to notice a woman who perceives herself as unattractive; reinforcing her image symbiotically with her young lover who in turn is conceived as a "super man"; able to contain this lady with children her age.
- Here is the worst: we ourselves can have a psychopathic profile if "the super hero" constantly appears trying to help others when in reality; we hide the impending desire to be saved from ourselves; This projection is given to people with low self-esteem, who maintain unequal relationships in both educational, economic, and generational aspects, etc. that generate problems of overlapping envy, these relationships are characterized by a total surrender on our part and an ambiguity on the part of an uncompromising other who invents a character to "give rise" and balance this balance, but who finally falls and He shows his baseness taking revenge on us, transforming our help into attack on his head.


And to conclude a small recommendation to have less conflictive relationships we should always look for our peers or equals; from the socio-cultural, economic, educational point of view, etc., or people who are mentally healthier than us, whom we must imitate to get out of the vicious circle of comfortable dysfunctionality.



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